

BRAIN DISCOVERY PROFILE

For: Sample Report

Date: March, 17 2021

Execution Time: 8:16(mm:ss)

Focus:

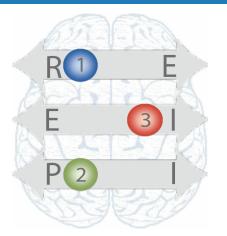
your brain is better at collecting rational data (vs. perceiving emotions).

Decisions:

your brain likes finding alternatives (vs. careful evaluation).

Drive:

your brain likes pushing for practical actions (vs. planning for long term).



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Highest Scores Lowest Scores **COMMITMENT CRITICAL THINKING** Maintaining attention on what is Evaluating, assessing, and planning. important. Brain Talents **PROACTIVITY VISION** Acting based on internal drive. Seeing the long-term meaning. **MODELING DESIGN** Expanding attention to create new Mapping out logical possibilities. potential. **NETWORK HEALTH** optimal build to Capacity to multiple Capacity maintain relationships to create alliance and physical energy and functioning

Reflection:

The brain has "apps" to access and use data — blending rational and emotional insight. When has this capability helped you solve problems and make mostly effective decisions, and when has it not? How could you make this capability even stronger?

Emotions drive people, and people drive performance. How are you using your "Brain Talents" to be highly reliable in creating good results?

This profile was provided by: John Dodds < john.dodds@6seconds.org>

Please click on this link to download a one-page

BDP Guide: http://6sec.org/bdigint

