

# BRAIN BRIEF PROFILE YV

For: **Sample Report**  
Date: **March, 18 2021**

**Your brain's preferences**  
(not necessarily your behavior)  
**in focus, decisions, and drive**

## Focus:

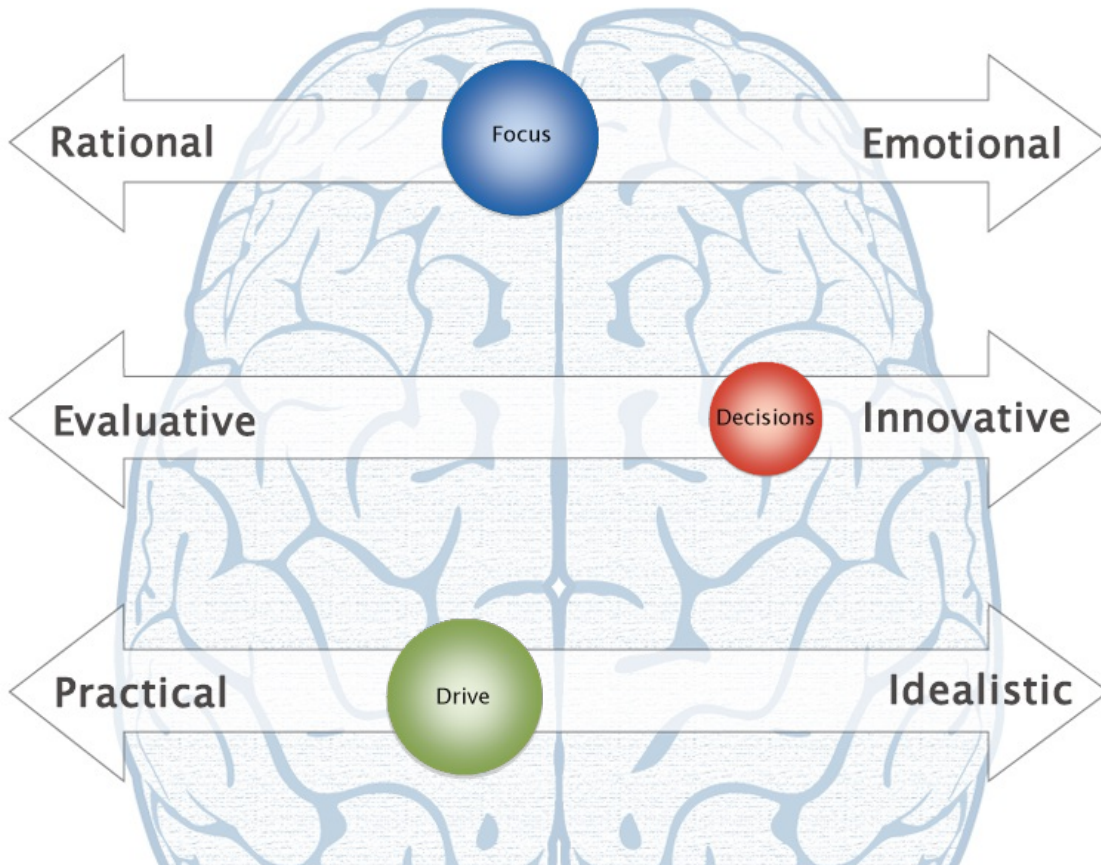
Your brain has a slight preference to focus on data (more than on emotions).

## Decisions:

Your brain has a slight preference toward new ideas and options (vs. careful evaluation).

## Drive:

your brain likes pushing for practical actions (vs. planning for long term).



### Brain Style: The Deliverer.

The "Deliverer's Brain" prefers to enter new situations with strong logic and facts - and may overlook emotions. Are you giving your brain enough rational data? This Brain Style is capable of seeing the possibilities and being a change maker - are you giving yourself the opportunity to take risks to create something fantastic? This Brain Style is motivated by the short-term and the practical; do you "feed" your brain with specific, concrete action steps? The Deliverer Brain likes to solve problems and get results.

See *The Brain Brief Interpretation Guide* for more. <http://6sec.org/bbyvig>

#### Asset: Self-efficacy

Your EQ Brain Style helps you to feel in charge of your life: your thoughts, your actions, and your goals.

#### Opportunity for growth: Personal Achievement

Is your Brain Style allowing you to reach your dreams and do well in school and in life? What else could you be doing to feed your brain in this area?

Profile Provided by: John Dodds <[john.dodds@6seconds.org](mailto:john.dodds@6seconds.org)>

For more on the Brain Brief and next steps, contact your provider at the email above, and visit for free resources. <http://www.6seconds.org/brain>